

You OK? How we're feeling

GWI.

65%

say their company
is good or excellent
when it comes to
work-life balance

35%

describe themselves
as social or outgoing

67%

in the UK - the 2nd
lowest in Europe -
say a positive
attitude is important

45%

describe their sleep
as either good or
very good

55s-64s

are most likely to say
a positive mental
attitude is important

44%

say they're satisfied
or extremely satisfied
with their job

28%

in a relationship
describe it as
harmonious

39%

say they're prone
to anxiety



Want to find out more?

gwi.com